

VSI REGIONAL SUMMER AWARDS

Lane Timer's Assignments July 15-17, 2011

Lane Timer Assignments - Session 1, Friday Morning 12 & U										
	Ln 1	Ln 2	Ln 3	Ln 4	Ln 5	Ln 6	Ln 7	Ln 8	Ln 9	Ln 10
TIMER	NOVA	NOVA	NOVA	STAT	SMAC	QDD	BASS	PWST	QSTS	QSTS
TIMER	NOVA	NOVA	NOVA	STAT	RAPP	WST	RPST	SHAKS	VSTP	QSTS

Lane Timer Assignments - Session 2, Friday Afternoon 13 & O										
	Ln 1	Ln 2	Ln 3	Ln 4	Ln 5	Ln 6	Ln 7	Ln 8	Ln 9	Ln 10
TIMER	NOVA	NOVA	NOVA	SHKS	BASS	VSTP	TSU	WST	QSTS	QSTS
TIMER	NOVA	NOVA	STAT	SHKS	QDD	SMAC	CYAC	PWST	QSTS	QSTS

Lane Timer Assignments - Session 3, Saturday Morning 12 & U										
	Ln 1	Ln 2	Ln 3	Ln 4	Ln 5	Ln 6	Ln 7	Ln 8	Ln 9	Ln 10
Timer	NOVA	NOVA	NOVA	QDD	SMAC	RAPP	BASS	STAT	QSTS	QSTS
Timer	NOVA	NOVA	NOVA	QDD	SMAC	RPST	VSTP	STAT	QSTS	QSTS

Lane Timer Assignments - Session 4, Saturday Afternoon 13 & O										
	Ln 1	Ln 2	Ln 3	Ln 4	Ln 5	Ln 6	Ln 7	Ln 8	Ln 9	Ln 10
Timer	NOVA	NOVA	NOVA	SHKS	SMAC	TSU	BASS	STAT	QSTS	QSTS
Timer	NOVA	NOVA	SHKS	SHKS	WST	CYAC	VSTP	STAT	QSTS	QSTS

Session 4 - Saturday Distance Note Before 4:00										
15 Minutes of Open Warmups Following the Conclusion of Event 88										
Swimmers must provide timers and lap counters for this session										

Lane Timer Assignments - Session 5, Sunday Morning 12 & U										
	Ln 1	Ln 2	Ln 3	Ln 4	Ln 5	Ln 6	Ln 7	Ln 8	Ln 9	Ln 10
Timer	NOVA	NOVA	NOVA	STAT	RAPP	BASS	SHKS	QDD	QSTS	QSTS
Timer	NOVA	NOVA	NOVA	STAT	RPST	WST	VSTP	QDD	SMAC	QSTS

Lane Timer Assignments - Session 6, Sunday Afternoon 13 & O										
	Ln 1	Ln 2	Ln 3	Ln 4	Ln 5	Ln 6	Ln 7	Ln 8	Ln 9	Ln 10
Timer	NOVA	NOVA	NOVA	SHKS	BASS	STAT	TSU	QSTS	QSTS	QSTS
Timer	NOVA	NOVA	SHKS	SHKS	SMAC	VSTP	PWST	QDD	QSTS	QSTS

Session 6 - Sunday Distance Not Before 3:45										
15 Minutes of Open Warmups Following the Conclusion of Event 126										
Swimmer must provide timers and lap counters										